

Notice of Modifications to Group Fitness Classes

Dear Participants,

We hope this message finds you well! We are writing to inform you of some important modifications to our upcoming group fitness classes.

New Schedule

Please note the following changes:

- **Yoga Class:** Now on Wednesdays at 6:00 PM instead of Tuesdays.
- **Spin Class:** Extended duration to 75 minutes, starting at 5:30 PM.
- **Zumba Class:** Moved to Friday mornings at 9:00 AM.

Instructor Changes

We are excited to announce that **Sarah** will now be leading the Yoga class, and **Mike** will be teaching the Spin class! Be sure to welcome them!

Additional Notes

For any questions or concerns, feel free to reach out to our team at info@fitnesscenter.com.

Thank you for your understanding and continued support. We look forward to seeing you in class!

Sincerely,
The Fitness Team