

# Letter of Access to Personal Trainers

Date: [Insert Date]

To Whom It May Concern,

I am writing to formally request access to personal trainers who are specially trained to work with individuals with special needs. Our goal is to ensure that [Insert Name], who has [briefly describe the special needs], receives the appropriate guidance and support during their fitness journey.

It is important that [Insert Name] engages in physical activity tailored to their unique requirements, and we believe that a personal trainer with expertise in this area will greatly enhance their experience and outcomes.

We kindly ask for recommendations on certified personal trainers who specialize in this field, or any assistance in securing access to such professionals.

Thank you for your attention to this matter. We look forward to your prompt response.

Sincerely,

[Your Name]

[Your Address]

[Your Contact Information]