

Dear Fitness Enthusiasts,

We hope this message finds you well and motivated!

We want to inform you about our variable gym hours for the upcoming month. Please see the schedule below:

Gym Hours

- **Monday:** 6:00 AM - 10:00 PM
- **Tuesday:** 6:00 AM - 10:00 PM
- **Wednesday:** 8:00 AM - 8:00 PM
- **Thursday:** 6:00 AM - 10:00 PM
- **Friday:** 6:00 AM - 9:00 PM
- **Saturday:** 8:00 AM - 6:00 PM
- **Sunday:** Closed

We appreciate your understanding and flexibility. If you have any questions or need further assistance, please do not hesitate to reach out.

Stay Fit,

Your Gym Team