

Allergy Safety Reminder

Dear [Member's Name],

Welcome to [Fitness Center Name]! Your health and safety are our top priorities. As part of our commitment to a safe environment, we would like to remind you about our allergy safety protocols.

Allergy Information

Please notify us of any allergies you may have, especially to:

- Food items
- Personal care products
- Cleaning supplies
- Equipment materials

We strive to maintain a clean and safe space for all our members. If you have specific concerns, please feel free to speak with our staff who are trained to assist you.

Emergency Procedures

In case of an allergic reaction, please follow these steps:

1. Alert a staff member immediately.
2. If you have medication (e.g., EpiPen), use it as directed.
3. Follow the instructions of our trained personnel.

Thank you for being a valued member of our fitness community. Let's work together to ensure a safe workout environment for everyone!

Sincerely,

[Your Name]
[Fitness Center Name]
[Contact Information]