

# Fitness Center Allergy Protocol

Dear [Member's Name],

Welcome to [Fitness Center Name]! We are committed to ensuring a safe and enjoyable experience for all our members. In light of this, we have established a comprehensive Allergy Protocol designed to assist members with allergies while engaging in fitness activities.

## Understanding Allergies

We recognize that allergies can vary significantly among individuals. It is crucial for us to be aware of your specific allergies to provide appropriate accommodations. Please inform us of any known allergies when you join or update your membership details.

## Allergy Notification

We encourage you to notify our staff if you experience any allergic reactions while on the premises. Our team is trained to respond quickly and effectively to allergy-related incidents, ensuring your safety and well-being.

## Facility Cleaning Procedures

Our facility follows stringent cleaning procedures, utilizing allergy-friendly products to minimize potential allergens. Additionally, we regularly review our cleaning protocols to enhance safety for all members.

## Food and Beverage Policy

If you have food allergies, we advise you to refrain from bringing outside food or beverages into the fitness center. Our cafe staff can provide allergen information for any products available for purchase.

## Contact Us

If you have any questions or need to discuss specific allergy concerns, please do not hesitate to reach out to our team at [Contact Information]. Your health and safety are our top priorities.

Thank you for being a valued member of [Fitness Center Name]. We look forward to helping you achieve your fitness goals in a safe environment.

Sincerely,

[Your Name]

[Your Position]

[Fitness Center Name]