## Dear Valued Members,

We hope this message finds you well! As part of our commitment to providing a safe and healthy environment for all our members, we are updating our allergy policy.

Effective [insert date], we will implement the following changes:

- All members are required to notify the staff of any allergies upon registration.
- We will provide designated allergy-friendly zones within our facility.
- We will ensure that our staff is trained to assist members with allergy concerns.

We encourage our members to communicate any specific allergy requirements to our staff for a safer fitness experience. Your health and safety are our top priorities.

Thank you for your understanding and cooperation.

Sincerely,

[Your Fitness Center Name]

[Contact Information]