

Fitness Center Allergy Information Alert

Date: [Insert Date]

Dear [Member's Name],

We hope this message finds you well. At [Fitness Center Name], we are committed to ensuring the safety and well-being of our members. As part of this commitment, we would like to inform you about potential allergens that may be present in our facilities.

We have identified the following common allergens:

- Peanuts and tree nuts
- Dairy products
- Gluten
- Fish and shellfish
- Soy products

If you have specific allergies or dietary restrictions, please feel free to reach out to our staff. We will do our best to accommodate your needs while you enjoy our facilities and classes.

Thank you for your understanding and cooperation.

Sincerely,

[Your Name]

[Your Position]

[Fitness Center Name]

[Contact Information]