

Allergy Awareness Notification

Date: [Insert Date]

Dear [Member's Name],

At [Fitness Center Name], your health and safety are our top priority. To ensure a safe and enjoyable experience for all our members, we are implementing an Allergy Awareness Notification system.

Please be informed that our facility contains common allergens such as:

- Peanuts
- Tree Nuts
- Dairy
- Gluten
- Shellfish

We encourage you to inform our staff about any food allergies or sensitivities you may have. Our team is trained to assist you in navigating our facility safely.

If you have any questions or require further information, please do not hesitate to reach out to us at [Contact Information].

Thank you for your understanding and cooperation!

Sincerely,

[Your Name]

[Your Position]

[Fitness Center Name]