

Dear Valued Gym Members,

We hope this message finds you well! As part of our commitment to maintaining a positive and respectful environment for all members, we would like to remind everyone of a few important guidelines to ensure an enjoyable experience at our gym:

- **Clean Equipment:** Please wipe down machines and weights after use.
- **Respect Personal Space:** Keep a safe distance and be mindful of others while working out.
- **Share Equipment:** Be considerate by allowing others to use equipment during rest periods.
- **Noise Levels:** Keep noise to a minimum; avoid loud conversations and music.
- **Proper Attire:** Please wear appropriate gym attire and footwear at all times.

Your cooperation is greatly appreciated and contributes to a welcoming atmosphere for everyone. Thank you for being a part of our community!

Best Regards,
The Gym Management Team