

You're Invited to Join Our Outdoor Personal Training Sessions!

Dear [Recipient's Name],

I hope this message finds you well! I am excited to invite you to join my outdoor personal training sessions starting on [start date]. These sessions will take place at [location] every [day of the week] at [time].

Whether you're looking to get fit, stay active, or just enjoy the fresh air, these sessions are tailored to suit all fitness levels and goals.

Please bring water, a towel, and any other items you may need for a fun workout. Feel free to invite your friends or family members who might be interested!

To RSVP or if you have any questions, please contact me at [your email or phone number]. I look forward to seeing you there!

Best regards,

[Your Name]

[Your Contact Information]

[Your Business Name]