

Dear Valued Members,

We hope this message finds you in good health and spirits. As part of our commitment to your safety and well-being, we want to inform you of the updated safety regulations implemented at our fitness center.

Updated Safety Regulations:

- All members are required to wear masks at all times within the facility.
- Hand sanitizing stations are available throughout the center; please use them regularly.
- Equipment must be wiped down before and after each use with provided sanitizing wipes.
- Group classes will have limited capacity to ensure social distancing.
- If you feel unwell, please do not visit the center and seek medical advice.

We appreciate your cooperation in helping us maintain a safe environment for everyone. Thank you for being a part of our fitness community!

Stay healthy and active,

Your Fitness Center Team