

Fitness Center Childcare Daily Schedule

Date: [Insert Date Here]

Daily Schedule

- **8:00 AM - 9:00 AM:** Arrival & Free Play
- **9:00 AM - 10:00 AM:** Arts & Crafts
- **10:00 AM - 10:30 AM:** Snack Time
- **10:30 AM - 11:30 AM:** Outdoor Play
- **11:30 AM - 12:00 PM:** Story Time
- **12:00 PM - 1:00 PM:** Lunch
- **1:00 PM - 2:00 PM:** Nap/Quiet Time
- **2:00 PM - 3:00 PM:** Group Games
- **3:00 PM - 4:00 PM:** Educational Activities
- **4:00 PM - 5:00 PM:** Free Play & Departure

Activities Highlight

This week's activities include:

- **Monday:** Painting with Nature
- **Tuesday:** Obstacle Course Challenge
- **Wednesday:** Cooking Day - Fruit Smoothies
- **Thursday:** Puppet Show Creation
- **Friday:** Dance Party

For any questions or concerns, please contact us at [Fitness Center Contact Information].

Thank you for choosing our childcare service!