

# Children's Swimming Lessons Schedule

Dear Parents,

We are excited to announce our upcoming schedule for children's swimming lessons at the Fitness Center Pool. Below are the details:

## Schedule:

Day	Time	Age Group	Instructor
Monday	4:00 PM - 5:00 PM	5-7 years	Mr. Jake
Wednesday	4:00 PM - 5:00 PM	8-10 years	Ms. Sarah
Friday	4:00 PM - 5:00 PM	11-14 years	Mr. Tom

Classes will begin on **March 1, 2024**. Please ensure your child arrives 10 minutes early to each session.

To register or for any inquiries, feel free to contact us at (123) 456-7890.

Best Regards,  
The Fitness Center Team