

Important Holiday Break Information

Dear Valued Members,

We hope this message finds you well. As the holiday season approaches, we want to inform you about our gym's schedule during this time.

Holiday Break Schedule:

- Last day of regular classes: December 22, 2023
- Holiday Break: December 23, 2023 - January 1, 2024
- Reopening Date: January 2, 2024

During the holiday break, all facilities will be closed, and there will be no classes or personal training sessions. We encourage you to take this time to rest and reflect on your fitness goals for the upcoming year.

Membership Holds

If you would like to place your membership on hold during this period, please contact our front desk by December 15, 2023.

Thank you for your understanding and support. Wishing you a joyous holiday season!

Sincerely,
The Gym Team