You're Invited to Our Family Activity Day!

Dear [Member's Name],

We are excited to invite you and your family to our Annual Family Activity Day at [Fitness Center Name]! Join us for a day filled with fun, fitness, and family bonding.

Date: [Date]

Time: [Start Time] - [End Time]

Location: [Fitness Center Address]

There will be activities for all ages, including:

- Group Fitness Classes
- Children's Games and Races
- Family Relay Challenges
- Nutrition Workshops

Don't miss out on this opportunity to enjoy quality time with your family while staying active and healthy!

Please RSVP by [RSVP Date] to ensure your spot.

We look forward to seeing you there!

Best Regards,

[Your Name][Your Position][Fitness Center Name][Contact Information]