Dear [Brother/Sister's Name],

I hope this letter finds you well. I have been reflecting on my actions recently, and I feel it is crucial to reach out and express my sincerest remorse for what has happened between us.

I know that I hurt you when [mention specific incident], and I can only imagine the pain it caused you. It was never my intention to create distance between us, and I deeply regret that my words and actions led to this situation.

You mean so much to me, and our bond is something I truly value. I want you to know that I am committed to making things right. I am here to listen, understand, and learn from this experience.

Thank you for your patience and the love you have always shown me. I hope that we can find a way to move forward and strengthen our relationship.

With all my love and sincerest apologies,

[Your Name]