Dear [Sibling's Name],

I hope this letter finds you well. I want to take a moment to express how truly sorry I am for what happened between us. It has been weighing heavily on my heart, and I can't stop thinking about the pain I may have caused you.

Looking back, I realize that my words/actions were thoughtless, and I never intended to hurt you. You mean so much to me, and the thought of damaging our relationship is unbearable. I cherish the memories we've made together and the bond we share, and it hurts to think I may have jeopardized that.

Forgiveness doesn't come easily, but I hope you can find it in your heart to forgive me. I promise to be more mindful of my actions and to communicate better in the future. You deserve that and so much more.

Let's talk soon. I miss you and hope we can work through this together. Thank you for being patient with me.

With all my love, [Your Name]