

Dear [Sibling's Name],

I hope this letter finds you in a moment of peace. I want to take a moment to express my feelings and share some thoughts with you.

Life has thrown us challenges, and I know things have been tough recently. I want you to know that I am here for you, and you are not alone in this. Healing takes time, and it's okay to take things one step at a time.

Remember all the great moments we've shared--those times filled with laughter and support. Let's focus on nurturing our bond and creating new memories together. You are strong, resilient, and capable of overcoming any obstacle.

Whenever you feel the weight of the world, lean on me. I am just a call away, ready to listen or help in any way you need. Together, we can navigate through this.

Take care of yourself, and let's find moments of joy, even in the smallest things. I believe in you and love you dearly.

With all my love,
[Your Name]