

Letter of Authorization

Date: [Insert Date]

To Whom It May Concern,

I, [Your Name], hereby authorize [Fitness Center Name] to provide digital training sessions on my behalf. I confirm that I am the registered member of the fitness center, and I understand the terms outlined for participating in these virtual sessions.

Please ensure that all digital content shared during the sessions is treated with confidentiality and respect for my privacy.

Thank you for your attention to this matter.

Sincerely,

[Your Name]
[Your Address]
[Your Phone Number]
[Your Email]