

Fitness Center Class Schedule Waiver Information

Date: [Insert Date]

Dear [Participant's Name],

Thank you for choosing [Fitness Center Name] for your fitness journey. We are excited to have you join our classes!

Class Schedule

Please find below our current class schedule:

- Yoga - Mondays & Wednesdays at 6:00 PM
- Pilates - Tuesdays at 7:00 PM
- Spin Class - Thursdays at 5:30 PM
- Zumba - Saturdays at 10:00 AM

Waiver Information

Before participating in any class, you are required to complete a waiver form. This waiver acknowledges the risks involved in physical activity and releases [Fitness Center Name] from any liability.

Please review the waiver details and sign it before your first class. You can find the waiver form at the front desk or download it from our website.

We look forward to seeing you in class and supporting you on your fitness journey!

Best regards,

[Your Name]

[Your Title]

[Fitness Center Name]

[Contact Information]