

Dear Valued Members,

We hope this message finds you well! We are excited to announce an update to our class schedule at [Fitness Center Name].

New Class Schedule Effective [Start Date]

- **Monday:** Yoga - 6:00 PM to 7:00 PM
- **Tuesday:** Zumba - 5:30 PM to 6:30 PM
- **Wednesday:** Spin Class - 7:00 AM to 8:00 AM
- **Thursday:** Pilates - 6:30 PM to 7:30 PM
- **Friday:** HIIT - 5:00 PM to 6:00 PM
- **Saturday:** Bootcamp - 9:00 AM to 10:00 AM
- **Sunday:** Rest and Recovery - No classes

We encourage you to take advantage of our diverse class offerings and find the perfect workout for your fitness goals!

If you have any questions or need further information, please don't hesitate to reach out to our staff at the front desk or reply to this email.

Thank you for being a part of our fitness family!

Sincerely,
[Your Name]
[Fitness Center Name]