

# Dear Valued Members,

We hope this message finds you well! We are writing to inform you of some important changes to our fitness class schedule at [Fitness Center Name].

## New Class Schedule Effective [Date]:

- **Monday:** Yoga - 6:00 PM to 7:00 PM
- **Tuesday:** Spin - 5:30 PM to 6:30 PM
- **Wednesday:** Zumba - 7:00 PM to 8:00 PM
- **Thursday:** Pilates - 6:00 PM to 7:00 PM
- **Friday:** HIIT - 5:30 PM to 6:30 PM
- **Saturday:** Bootcamp - 9:00 AM to 10:00 AM
- **Sunday:** Rest Day

We are making these adjustments to better accommodate our members' needs and enhance your fitness experience. We appreciate your understanding and flexibility during this transition.

If you have any questions or concerns, please do not hesitate to contact our front desk or reply to this email.

Thank you for being a part of our fitness family!

**Best Regards,**

[Your Name]  
[Your Position]  
[Fitness Center Name]  
[Contact Information]