Dear [Member's Name],

We hope this message finds you well! At [Gym Name], we strive to provide the best fitness experience possible, and your feedback is crucial to our improvement.

We would greatly appreciate it if you could take a few moments to share your thoughts on your membership experience with us. Your insights will help us enhance our services and better cater to our members' needs.

Please consider answering the following questions:

- How would you rate your overall experience at our gym?
- What do you like most about our facilities and services?
- Is there anything you believe we could improve upon?
- Would you recommend us to friends or family? Why or why not?

Feel free to add any additional comments or suggestions:

Thank you for taking the time to help us improve! We value your opinion and look forward to hearing from you.

Best regards,

[Your Name] [Your Position] [Gym Name] [Contact Information]