

You're Invited to a Dietary Assessment!

Dear [Member's Name],

We are excited to invite you to participate in a comprehensive dietary assessment at [Health Club Name]. This assessment is designed to help you understand your nutritional needs and create a personalized dietary plan to reach your health and fitness goals.

Details of the Assessment:

- **Date:** [Insert Date]
- **Time:** [Insert Time]
- **Location:** [Insert Location]

This assessment will include a detailed review of your current eating habits, a discussion of your health goals, and guidance from our certified nutritionists.

Please RSVP by [RSVP Date] to secure your spot. You can reply to this email or call us at [Phone Number].

We look forward to helping you on your journey to better health!

Best regards,
[Your Name]
[Your Title]
[Health Club Name]
[Contact Information]