

You're Invited to a Wellness Consultation!

Dear [Recipient's Name],

We are excited to invite you to a personalized wellness consultation at [Gym Name]. Our team of experts is dedicated to helping you achieve your health and fitness goals.

Date: [Insert Date]

Time: [Insert Time]

Location: [Insert Gym Address]

During this consultation, we will discuss your fitness objectives, dietary habits, and overall well-being. This is a great opportunity to tailor a program specifically for you!

Please RSVP by [RSVP Date] to confirm your attendance.

We look forward to assisting you on your path to wellness!

Best regards,

[Your Name]

[Your Title]

[Gym Name]

[Contact Information]