

Dear Members,

We hope this message finds you well. As we continue to prioritize your safety and well-being, we would like to provide you with important updates regarding our group classes.

Safety Protocols

- All participants must wear masks at all times while indoors.
- Social distancing will be enforced; please maintain a distance of at least 6 feet.
- Hand sanitizers will be available at each entrance and throughout the gym.
- Equipment will be thoroughly sanitized after each class.

Class Schedule Adjustments

To ensure safety, we have made the following adjustments to our class schedule:

- Class sizes will be limited to 10 participants.
- Pre-registration for classes is mandatory.
- Virtual options will continue to be available for all group classes.

What You Can Do

We appreciate your cooperation in following these guidelines. Together, we can maintain a safe environment for everyone. Please feel free to reach out with any questions or concerns.

Thank you for being a valued member of our fitness community!

Best regards,
[Your Fitness Center Name]
[Contact Information]