

Important Reminder: Personal Hygiene at [Fitness Center Name]

Dear Valued Member,

As we continue to strive for a safe and healthy environment at [Fitness Center Name], we kindly remind you of the importance of maintaining personal hygiene during your visits, especially in the current COVID-19 situation.

- Wash your hands frequently with soap and water for at least 20 seconds.
- Use hand sanitizer when soap and water are not available.
- Wipe down equipment before and after use with provided disinfectant wipes.
- Wear a mask when necessary, especially in common areas.
- Stay home if you feel unwell or have any symptoms of illness.

Your cooperation helps us ensure a safe workout environment for everyone. Thank you for your continued support and commitment to hygiene practices.

Stay healthy,

The [Fitness Center Name] Team