

Important Update: Personal Training Policy Changes

Dear Valued Members,

We hope this message finds you well. As part of our ongoing commitment to providing you with the highest level of service and safety, we are implementing some changes to our personal training policies.

New Policies Effective Date: November 1, 2023

- All personal training sessions must be booked at least 24 hours in advance.
- Cancellations must be made at least 12 hours prior to the session to avoid a cancellation fee.
- Pricing for personal training sessions will be updated to reflect new package options.
- Additional safety protocols will be enforced to ensure a clean and safe training environment.

For detailed information about the new pricing and packages, please visit our website or speak to a member of our staff at the front desk.

We appreciate your understanding and cooperation as we continue to enhance our services. Thank you for being a part of our fitness community!

Best regards,
The Fitness Center Team