

Fitness Center Guidelines Revision

Date: _____

Dear Fitness Center Members,

As part of our ongoing commitment to providing a safe and welcoming environment for all our members, we have revised our fitness center guidelines. Please review the updated guidelines below:

Updated Guidelines:

- All members must check in at the front desk before using the facilities.
- Face masks are required when not exercising.
- Sanitize all equipment before and after use.
- Limit time on cardio equipment to 30 minutes during peak hours.
- Maintain social distancing of at least 6 feet at all times.

These guidelines take effect on _____. Your cooperation is essential for the health and safety of everyone at our facility.

If you have any questions or concerns, please do not hesitate to reach out to our staff.

Thank you for your understanding and support.

Sincerely,

Fitness Center Manager
[Fitness Center Name]