

# Dear Valued Members,

We hope this message finds you well. As we continue to navigate the challenges posed by COVID-19, we wanted to provide you with an update regarding our policies and procedures to ensure your safety and well-being while using our facilities.

## Updated COVID-19 Policy:

- All members and staff are required to wear masks when entering the facility.
- Please practice social distancing by maintaining at least 6 feet of distance from others.
- Hand sanitizing stations have been placed throughout the gym for your convenience.
- We will conduct regular cleaning and sanitizing of equipment and communal areas.
- Capacity limits will be enforced to ensure a safe environment for all.

Our priority remains the health and safety of our community. We appreciate your cooperation and understanding during these unprecedented times. If you have any questions or need further information, please do not hesitate to reach out to us.

Thank you for being part of our fitness family!

Stay healthy and active,

The Management Team