Dear [Recipient's Name],

I hope this message finds you well. I am writing to sincerely apologize for the inappropriate language I used during our last conversation. It was uncalled for and does not reflect my true character or values.

I understand that my words may have hurt you, and for that, I am truly sorry. I take full responsibility for my actions and the impact they may have had on you and our relationship.

Please know that I am committed to being more mindful of my language in the future. I value our relationship and wish to rebuild any trust that may have been damaged. Thank you for your understanding.

Sincerely, [Your Name]