Letter of Regret

Date: [Insert Date]

Dear [Recipient's Name],

I hope this message finds you well. I am writing to sincerely apologize for my recent use of disrespectful terms during our conversation on [specific date]. I realize that my words may have hurt you, and that was never my intention.

Reflecting on our discussion, I understand that my choice of words was inappropriate and did not reflect the respect I hold for you. I am genuinely sorry for any discomfort or offense I caused. I value our relationship and hope to mend any damage my words may have caused.

In the future, I will be more mindful of my language and the impact it can have. Thank you for your understanding and patience. I appreciate your willingness to communicate openly about this matter.

Once again, I apologize for my actions, and I hope we can move past this incident. Please let me know if you'd like to discuss this further.

Sincerely, [Your Name]