

# Transform Your Fitness Journey Today!

Dear [Recipient's Name],

We are excited to announce a limited-time promotion for our exclusive personal training packages at [Gym/Studio Name]. For the next [number of weeks/days], you have the opportunity to take advantage of our specially priced packages designed to kickstart your fitness goals!

## Special Pricing:

- 1 Month Package: \$[price]
- 3 Month Package: \$[price]
- 6 Month Package: \$[price]

This promotion includes:

- One-on-one personal training sessions
- Customized fitness plans
- Nutritional guidance
- Progress tracking and accountability

Don't miss out on this opportunity! This offer is valid until [expiration date]. Book your first session today and take the first step towards achieving your fitness goals!

To sign up or for any questions, feel free to contact us at [phone number] or [email address].

Stay Fit,

[Your Name]

[Your Title]

[Gym/Studio Name]