

Dear Valued Members,

We are excited to announce an enhancement to our fitness center timetable, effective from **November 1, 2023**.

New Class Schedule

- **Yoga:** Mondays & Wednesdays at 6:00 PM
- **Spin Class:** Tuesdays & Thursdays at 7:00 PM
- **Functional Training:** Saturdays at 10:00 AM
- **Zumba:** Sundays at 11:00 AM

Additional Enhancements

Along with the new class schedule, we are introducing:

- Extended operating hours
- Additional personal training slots
- New group classes for all fitness levels

We hope you are as excited as we are about these changes. Thank you for being a part of our community, and we look forward to seeing you in class!

Best regards,

The Fitness Center Team