

Letter of Regret

Date: [Insert Date]

Dear [Recipient's Name],

I hope this message finds you well. I have been reflecting on the past few months and I want to express my heartfelt regret for not being there for you during your tough times. It saddens me to know that I was not a source of support when you needed it the most.

Life can be overwhelming, and I realize how important it is to have someone by your side. I deeply regret not reaching out or being present to lend a hand or a listening ear. Your struggles have not gone unnoticed, and I would like to offer my support moving forward.

Please let me know if there is any way I can help you now, or if you would simply like to talk. I value our relationship and want to be there for you in the future.

Take care, and I hope to hear from you soon.

Sincerely,
[Your Name]