

Dear [Recipient's Name],

I hope this letter finds you well. I've taken some time to reflect on our relationship and wanted to express my heartfelt feelings.

It pains me to acknowledge the mistakes I made and the hurt they caused you. I realize now how my actions were thoughtless and affected not only our relationship but your feelings as well.

Looking back, I am filled with regret for the moments I took for granted and the times I failed to communicate openly. I understand how essential trust and respect are and I realize I compromised those values.

I want you to know that I am committed to learning from this experience and growing as a person. Your feelings matter deeply to me, and I am truly sorry for the pain I caused.

Though I cannot change the past, I hope in time we can find healing, whether together or apart. Thank you for the beautiful memories we shared. They will always hold a special place in my heart.

Take care,

[Your Name]