

Dear [Recipient's Name],

I hope this letter finds you well. I have been reflecting on my actions and the hurt I caused you, and I felt it was important to reach out and express my sincerest apologies.

I am truly sorry for [describe the mistake], and I realize how much it impacted our relationship. I regret that my actions caused you pain and disappointment, and I take full responsibility for the hurt I have caused.

In my heart, I value our relationship immensely and it pains me to think I put that at risk because of my mistakes. It was never my intention to hurt you, and I deeply regret that my choices have led us to this point.

Moving forward, I want to assure you that I am committed to making amends and learning from this experience. I hope we can find a way to work through this together and rebuild the trust we once had.

Please know that I am here to listen and understand how you feel. I am genuinely willing to do what it takes to rectify this situation and show you how much you mean to me.

Thank you for taking the time to read this letter. I hope we can talk soon.

With all my love and sincerity,

[Your Name]