

Dear [Recipient's Name],

I hope this message finds you well. I wanted to take a moment to reach out regarding my birthday that recently passed. I understand that life can become quite hectic, and it's easy to overlook such occasions.

While I truly value your friendship, I must admit that I felt a bit forgotten without your usual birthday message. It means a lot to me to share these moments with you, and I missed your good wishes this year.

Please know that I hold no hard feelings and completely understand that things can slip our minds. I cherish our connection and look forward to making more memories together in the future.

Thank you for understanding, and I hope to catch up soon!

Warm regards,

[Your Name]