

Service Liability Waiver for Fitness Classes

Date: _____

I, **[Participant's Name]**, hereby acknowledge that I have voluntarily chosen to participate in fitness classes offered by **[Fitness Center Name]**.

I understand that participating in physical fitness activities carries inherent risks, including but not limited to, injury or death. I agree to assume all such risks and responsibilities associated with my participation.

By signing this waiver, I release **[Fitness Center Name]**, its instructors, employees, and agents from any liability for injury or damages that I may sustain as a result of my participation in the classes.

I acknowledge that I have read and fully understand the terms of this waiver.

Participant's Signature: _____

Emergency Contact Name: _____

Emergency Contact Phone: _____