Dear Professor [Last Name],

I hope this message finds you well. I am writing to sincerely apologize for the misunderstanding that occurred regarding classroom expectations in your [Course Name] class.

Upon reflection, I realize that I may not have fully grasped the guidelines and directives you provided. This has impacted my performance and engagement in your class, and for that, I am truly sorry.

I value the opportunity to learn from you and appreciate the effort you put into your teaching. I am committed to improving my understanding of the expectations and ensuring that this does not happen again.

Thank you for your patience and understanding. I look forward to continuing to grow and learn in your course.

Sincerely, [Your Name] [Your Student ID] [Your Contact Information]