

Dear [Family Member's Name],

I hope this letter finds you well. I am writing to sincerely apologize for [specific action or incident]. I realize that my actions may have hurt you, and for that, I am truly sorry.

It was never my intention to cause you pain, and I regret that my behavior affected our relationship. I value our bond deeply, and the last thing I want is to create distance between us.

Please know that I am committed to making amends and improving myself. I hope we can have a conversation about this when you feel ready. Your feelings are important to me, and I want to ensure we move forward positively.

Thank you for taking the time to read my letter. I hope to hear from you soon.

With all my love,
[Your Name]