

**Dear [Family Member's Name],**

I hope this letter finds you well. I want to take a moment to express my deepest regrets for [specific incident or action]. It has been weighing on my heart, and I never intended to hurt you.

Looking back, I realize how my actions affected you, and for that, I am truly sorry. You mean so much to me, and the last thing I wanted was to cause any pain.

Please know that I am committed to making amends and learning from this experience. I value our relationship and hope we can find a way to move forward together.

Thank you for your understanding and patience. I look forward to hearing from you soon.

With all my love,

[Your Name]