

Dear [Roommate's Name],

I hope this message finds you well. I wanted to take a moment to sincerely apologize for the noise coming from my side of the room last night. I realize that it was late, and I should have been more considerate of your need for rest.

Please know that it wasn't my intention to disturb you, and I appreciate your understanding in this matter. I will make sure to keep the volume down in the future, especially during late hours.

Thank you for your patience, and I hope to make it up to you.

Warm regards,  
[Your Name]