Dear [Recipient's Name],

I hope this message finds you well. I wanted to take a moment to thank you for attending our teleconference on [Date]. It was a pleasure to connect and discuss [Topics Discussed].

As a follow-up, I have attached the meeting notes and key takeaways for your reference. Please feel free to reach out if you have any questions or need further clarification on any points discussed.

Looking forward to our continued collaboration.

Best regards,
[Your Name]
[Your Position]
[Your Company]
[Your Contact Information]