Dear [Child's Name],

I hope this letter finds you well. I wanted to take a moment to tell you how truly sorry I am for not keeping my promise about [specific promise].

I know how much you were looking forward to it, and I feel really bad that I let you down. It was never my intention to disappoint you, and I understand that it may have hurt your feelings.

To make it up to you, I would love to [offer an alternative or make a new promise]. I value our time together and want you to know how much you mean to me.

Thank you for being so understanding. I promise to try my best not to let you down again.

With all my love,

[Your Name]