

Dear [Child's Name],

I hope this letter finds you well. I want to take a moment to express how truly sorry I am for not being as supportive as you needed me to be recently. I realize that there have been times when I may not have listened to you or been there for you in the way you deserved.

It is important to me that you feel loved and supported, and I regret any moments where I may have failed to show you that. You are an amazing person, and I want you to know that your feelings and dreams matter deeply to me.

Please know that I am here for you now and always. I want to do better and be the supportive [parent/guardian] you need. Together, we can work through anything.

Thank you for your understanding and patience with me. I love you very much.

With all my love,
[Your Name]