

# Dear [Child's Name],

I hope this letter finds you well. I want to take a moment to apologize for the misunderstanding we had recently. It was never my intention to upset you, and I realize now that I could have communicated better.

Sometimes, adults can get caught up in their own thoughts, and I might have misunderstood what you were trying to say. I am truly sorry for any confusion that caused you to feel sad or frustrated.

It's important to me that you feel heard and understood. Please know that I always want you to express your thoughts and feelings, and I promise to listen more carefully in the future.

Thank you for being patient with me. I appreciate you so much, and I hope we can talk more about this when you feel ready.

With all my love,

[Your Name]