Dear [Significant Other's Name],

I hope this letter finds you in a moment of peace. I've been reflecting on our recent argument, and I feel compelled to reach out and express my sincere remorse for what transpired.

First and foremost, I want to say I am truly sorry for [specific action/words that caused hurt]. It was never my intention to hurt you, and I deeply regret my behavior. I understand how my actions affected you and the pain they caused, and for that, I am genuinely sorry.

Our relationship means the world to me, and I realize that moments like this threaten the bond we share. I value every moment we spend together and want to work through this misunderstanding. I am committed to understanding your feelings and making amends.

Please know that I am here to listen when you're ready to talk. I want to understand your perspective and work together towards healing. You deserve all the love and respect in the world, and I am determined to show you that moving forward.

Thank you for your patience and understanding during this challenging time. I love you, and I am hopeful we can find our way back to each other.

With all my love,

[Your Name]