

Dear [Partner's Name],

I hope this letter finds you well. I've been reflecting on our recent conversation, and I want to express my sincere apologies for my words and actions during our argument.

It was never my intention to hurt you, and I realize that my emotions led me to say things that I didn't mean. You mean so much to me, and I value our relationship deeply.

Can we sit down and talk about what happened? I really want to understand your feelings and work together to move forward. I believe that we can resolve this and come out stronger.

Thank you for your patience and understanding as we navigate this together. I love you and look forward to hearing from you.

Warm regards,
[Your Name]