Dear [Partner's Name],

I hope this letter finds you well. I've been reflecting on our recent conflict and I wanted to reach out to express my sincerest apologies for my words and actions.

It was never my intention to hurt you, and I deeply regret the pain I caused. Our relationship means the world to me, and it saddens me to think that I put a strain on it. I acknowledge my mistakes and I am committed to learning from them.

Communication is vital in our partnership, and I promise to do better. I value your feelings and want us to have an open dialogue moving forward. Please know that I am here to listen and understand your perspective.

Thank you for your patience with me. I love you more than words can express and I am hopeful that we can work through this together.

With all my love,

[Your Name]